# Transforming systems for safer suicide care

<u>Zero Suicide Institute</u> advances innovative system-wide suicide prevention and care to save lives.

People experiencing suicidal thoughts and urges often fall through the cracks in a sometimes fragmented and distracted healthcare system. Healthcare systems and providers play a significant role in reducing suicide by helping to restore meaning and hope to individuals. Zero Suicide Institute provides the necessary training and quality improvement practices to achieve these goals.

Organizations that partner with **Zero Suicide Institute** learn from our expert staff, faculty, and authorized Assessing and Managing Suicide Risk (AMSR) trainers. We offer expertise in implementing safer suicide care practices, healthcare management, suicide prevention, and lived experience.



### High-reliability organizations prioritize suicide care

From one-on-one consultation and training to webinars and workshops, we offer a wide range of services to meet your needs. We've led trainings and consultation across the U.S. and internationally.

We are a sought-after resource to healthcare, state, tribal, and non-profit leaders on research and grant opportunities that lead to safer care outcomes, clinicians striving to provide effective treatment, as well as technology companies seeking to create meaningful products that fill gaps in training and care. We also provide the Zero Suicide Toolkit at <u>ZeroSuicide.com</u>. This free resource provides tools, trainings, and resources to support your implementation.

## We provide the services you need to transform care as usual

Organizations and individuals committed to safer suicide care seek out support from Zero Suicide Institute when they are ready to map a path to success. Our services help organizations learn about strategies to embed safer suicide care practices and offer solutions to commonly encountered obstacles. Through training and practice, tools and resources, and research and evaluation, Zero Suicide Institute provides the support and guidance you need to take on this difficult and rewarding work.





## Zero Suicide is a transformational model for healthcare systems

For systems dedicated to improving patient safety, Zero Suicide is an aspirational challenge and practical framework for system-wide transformation toward safer suicide care.

→ Zero Suicide Approach

#### Thousands of healthcare systems have adopted Zero Suicide—and they're seeing results

- Reductions in suicide deaths
- Decreases in hospitalizations
- Increases in quality and continuity of care
- Improvement in post-discharge follow-up visit attendance
- Improvements in screening rates according to protocol
- System-wide care pathway implementation
- Fewer inpatient psychiatric hospital readmissions
- Cost savings
- → Zero Suicide Results



### AMSR teaches best practices in caring, confident suicide care

**AMSR** is based on the latest research and is designed to support safer suicide care practices, such as Zero Suicide. The AMSR research-informed risk formulation model offers key strategies to navigate challenging conversations and systemic barriers. AMSR teaches a prevention-oriented risk formulation focused on planning not predicting.

#### → AMSR Approach

AMSR participants reported increased skills in writing suicide risk assessments, synthesizing information into patient care management plans, and working collaboratively with patients to create safety plans.

- 96% of participants reported satisfaction with the AMSR training experience, which includes the relevance of the information to their work with patients at risk for suicide or for their professional development.
- Over 91% of AMSR participants reported an increase in their confidence in developing a risk formulation for patients at risk of suicide.

→ AMSR Results

#### EDC SOLUTIONS FOR SAFER SUICIDE CARE

Zero Suicide Institute is part of EDC Solutions, which brings sixty years of experience in education, health, and workforce development to clients committed to solving complex problems. Other EDC Solutions include Education & Wellbeing and Prevention Solutions. Zero Suicide Institute is connected to a broader portfolio of health and behavioral health projects at **Education Development** Center (EDC). We draw on over a decade of leadership in national suicide prevention efforts, including supporting the Suicide Prevention Resource Center and the National Action Alliance for Suicide Prevention. These projects work closely together to advance the field of suicide prevention at the national level.

EDC Education Development Center



Reach out anytime—our experienced staff is ready

#### CONTACT US

Reach out to our expert staff and let us know how we can support your efforts.

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