# Social, Emotional, Behavior Academy

### **Contact Information:**

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To learn more, watch our <u>video</u> overview

Alignment to DESE Strategic Priority #1:

Cultivate systems to support the whole child and foster joyful, healthy, and supportive learning environments so that all students feel valued and connected.

### **Program Description**

The Social, Emotional, Behavioral Academy is a 3-year MTSS Academy that aims to help school and/or district teams cultivate joyful, culturally and linguistically sustaining learning environments and implement multi-tiered systems of social, emotional, and behavioral support. The MTSS Academy includes both professional learning and individual technical assistance/coaching to help teams identify specific goals related to tiered social, emotional, and behavioral support and work towards those goals with a team of colleagues.

## Goals/Outcomes: All participating teams will...

- 1. develop a clear understanding of what an effective, proactive, culturally and linguistically sustaining MTSS entails for social, emotional, and behavioral support;
- 2. build an integrated social, emotional, and behavior multi-tiered system of support, with the ability to focus on specific goals and local context/needs; and
- 3. improve the learning experience and outcomes for students.

### **Program Expectations and Commitments**

Academy participants will in a two-pronged mode of support:

- *Targeted Coaching:* Participating teams are expected to meet at least monthly throughout school year with their academy-assigned coach. Coaches will support teams to assess needs, identify & prioritize areas of growth, develop & implement action plans, & monitor progress.
- **Learning Opportunities:** Participants will be expected to participate in bi-annual, academy-wide, in-person convenings. In addition, optional professional development events will be offered including webinars, peer-sharing calls, and onsite PD.









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"The Academy is an important resource that can help schools and district advance SEL/MH work, and I appreciate the...personalized technical assistance approach."

Academy participant

### **Team Composition**

Each participating school or district team should include at least one of the following members:

- district administrator/leader
- school administrator/leader
- student support staff
- classroom educator
- family member(s)

### **Readiness Requirements**

Teams should be prepared to:

- School/district leadership commitment to a process of needs assessment, identification and prioritization of areas for growth, action planning and implementation, and progress monitoring
- Time for team members to meet with academy coach and participate in biannual in-person events.

## **Topics covered through the SEB Academy:**

- Tier 1 (universal) social, emotional, and behavior supports: selecting and implementing
  culturally and linguistically sustaining tier 1 SEL programs and practices, strengthening
  school climate by cultivating student and adult sense of belonging, establishing positive
  behavioral interventions and support systems (PBIS).
- **Tier 2 and 3 (targeted & intensive) interventions**: strengthening capacity to provide evidence-based interventions for students requiring more targeted supports, and strengthening systems to leverage and collaborate with community partners.
- Strengthening overall systems and structures: identifying and addressing existing inequities related to social, emotional, and behavioral development; and creating systems to proactively identify, support, and monitor students needing additional supports.





