

# **Suicide Care Pathways Resources**

## **Getting Further with Zero Suicide Webinar Series**

## **Zero Suicide Institute**

## ZeroSuicideInstitute.edc.org

## Getting Further with Zero Suicide Consultation

Coaching to further your Zero Suicide implementation. For some systems, this could be reviewing fidelity and audit practices, or a review of practices being used to finance safer suicide care. For others, the focus may be to further a sustainability plan or to reinvigorate motivation throughout the organization for the work to improve safer suicide care. In-person or online, we provide customized support tailored to meet your specific needs.

## National Zero Suicide Academy

An online version of the Zero Suicide Academy offered twice a year. It is an excellent opportunity for smaller systems to send an implementation team or for larger system to register multiple teams. This training event is also ideal for systems who want to reinvigorate their Zero Suicide implementation. In 2024, National Academies will be offered in March and August.

- Getting Further with Zero Suicide: Suicide Care Pathways (Webinar, 2/15/2024)
- Getting Started with Zero Suicide (Webinar, 3/24/2022)
- Getting Started with Zero Suicide in Indian Country (Webinar, 3/23/2022)

## **Zero Suicide Toolkit**

#### ZeroSuicide.edc.org

#### Zero Suicide Listserv

An open, moderated list that provides a forum for those involved in Zero Suicide to discuss their efforts, engage in peer-to-peer support, and share resources and announcements.

#### Zero Suicide Element: Identify

- Screening and Assessment
- A Model for Formulating Suicide Risk in the Patient's Context

- Assessing and Managing Suicide Risk (AMSR) Trainings (facilitated workshop)
- Assessing and Managing Suicide Risk (AMSR) Courses (on demand course)
- Assessment of Suicidal Risk Using the Columbia Suicide Severity Rating Scale
- Preventing Suicide in Emergency Departments (on demand course)

## **Zero Suicide Element: Engage**

#### **Safety Planning**

- Patient Safety Plan Template
- Safety Planning Intervention for Suicide Prevention
- Safety Planning for Youth Suicide Prevention (on demand course)
- Counseling on Access to Lethal Means (CALM) (on demand course)

#### **Care Pathways**

- Modifying your Electronic Health Records <u>Part 1</u> & <u>Part 2</u>
- Universal Health Services Inpatient Suicide Care Management Plan Template
- o Children's Hospital of Philadelphia Clinical Pathway for Youth
- o Centerstone Education Sheet: Adding a Pathway to Your Treatment Plan

#### Zero Suicide Element: Treat

- Evidence-Based Psychological Treatments
- Making it Matter with Micro-Interventions (on demand course)

#### Zero Suicide Element: Transition

- Best Practices in Care Transitions for Individuals with Suicide Risk: Inpatient Care to Outpatient
  Care
- The Return on Investment of Postdischarge Follow-Up Calls for Suicidal Ideation or Deliberate
  Self-Harm

#### Other Relevant Resources

- Zero Suicide Data Dashboard: A dashboard for Zero Suicide implementers to create and track specific, measurable, achievable, realistic, and timely goals.
- Suicide Care Training Options: A matrix of suicide care trainings.
- The Way Forward: Pathways to Hope, Recovery, and Wellness with Insights from Lived
  Experience: A report providing recommendations based on evidence-based practices which incorporate personal lived experience of recovery and resilience.