



Bolstering the Mental Health Safety Net System

Providers include Community Mental Health Centers (CMHCs), Federally Qualified Health Centers (FQHCs), and Community-Based Organizations (CBOs), along with CDPH's directly operated mental health clinics and extension clinics. These organizations are funded by the city/county/state/ federal government to provide no-barrier mental health services to residents regardless of health insurance status, immigration status, or ability to pay.

TOTAL UNDUPLICATED CLIENTS SERVED IN FY22 BY PROJECT

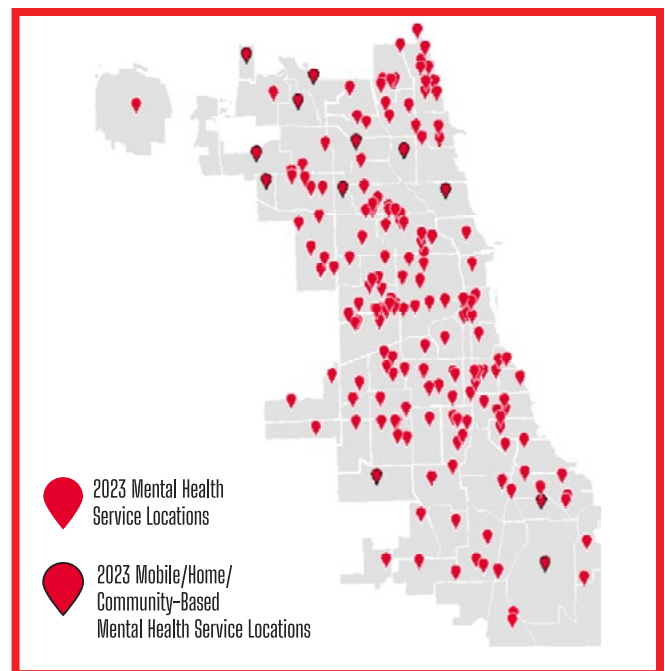
Trauma-Informed Centers of Care (TICC)	38,508
CDPH Mental Health Clinics (MHC)	1,782
Other Funded Mental Health Projects*	3,3609
TOTAL SERVICES PROVIDED IN FY22	73,899

*Team-Based Mental Health Care, Mobile Crisis Services and Linkage to Care, and Shelter-Based Clinical Services.

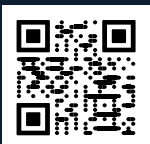
CITY FUNDED MENTAL HEALTH PROJECTS

SERVICES TYPE	Total Units TICC	Total Units MHC
Behavioral Health Consultation	11,134	N/A
Case Management and Care Coordination	18,341	3,283
Community Health Worker (CHW) Services	2,440	N/A
Crisis Intervention	6,722	93
Outpatient Family Therapy	1,413	65
Outpatient Group Therapy	4,731	N/A
Outpatient Individual Therapy	48,325	11,479
Peer Services	2,838	N/A
Psychiatric Evaluation	2,775	385
Psychiatric Medication Monitoring	17,217	2,704
Psychological Testing	121	N/A
Community Support Individual (CSI)	10,734	N/A
Community Support Team (CST)	7,486	N/A
Assertive Community Treatment (ACT)	2,408	N/A
TOTAL UNITS PROVIDED IN FY22	136,685	18,009

2023 City Funded Mental Health Services



Total Units represent all service units rendered during the month that are counted regardless of duration. Each service unit rendered to a client during the month is counted individually.



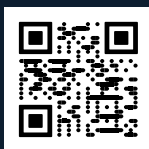
For more information visit:
MENTALHEALTH.CHICAGO.GOV/



TICC Mental Health Services Provided in 2022

TICC = Trauma-Informed Centers of Care

DESCRIPTION OF MENTAL HEALTH SERVICES	
Assertive Community Treatment (ACT)	An evidence-base model of treatment that provides an inclusive array of community-based mental health and supportive services for adults (18+) living with serious mental illness or co-occurring disorders.
Behavioral Health Consultation	Brief (10-30 minutes) solution-oriented behavioral health intervention is usually delivered in a primary care setting to enhance motivation, functioning, and engagement in care. Behavioral Health Consultants are Licensed Clinical Mental Health professionals.
Case Management and Care Coordination	Assessment and coordination of a range of services responsive to a patient’s needs, including behavioral health, rehabilitation, physical health, social services, housing, employment, and education. Case Managers and Care Coordinators are specialized staff designated to develop resources and facilitate connections to providers, programs, and service systems.
Community Health Worker (CHW) Services	Supportive services include health education, identification of community resources, case management, home visits, outreach, and care coordination. CHWs are frontline public health workers who are trusted members of and/or have unusually close understanding of the community served, and often become part of a patient’s support network.
Community Support Individual (CSI)	The service consists of therapeutic interventions that promote recovery, skill-building, identification, and use of natural supports and community resources. At least 60% of CSI services must be provided in natural settings.
Community Support Team (CST)	The service consists of therapeutic interventions delivered by a team that promotes recovery, skill building, identification and use of natural supports, and use of community resources.
Crisis Intervention	Activities or services for a person experiencing a psychiatric crisis are designed to increase safety and support, assist in stabilization, and aid in restoring client functioning.
Outpatient Family Therapy	Family interventions are based on psychotherapy theory and techniques to promote emotional, cognitive, behavioral, or psychological changes in the family unit as desired by the client/s and identified in the treatment plan. A Mental Health Professional with clinical training delivers a brief, medium, or long-term family therapy format depending upon the nature of a family unit’s presenting concerns and the goals of the intervention.



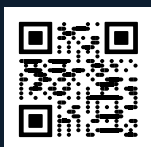
For more information visit:
MENTALHEALTH.CHICAGO.GOV/



TICC Mental Health Services Provided in 2022

TICC = Trauma-Informed Centers of Care

Outpatient Group Therapy	Group interventions are based on psychotherapy theory and techniques to promote emotional, cognitive, behavioral, or psychological changes as desired by the client and identified in the treatment plan. A Mental Health Professional with clinical training delivers a brief, medium, or long-term group therapy format depending upon the nature of a client/group's presenting concerns and the goals of the intervention.
Outpatient Individual Therapy	One-on-one interventions based on psychotherapy theory and techniques intended to promote emotional, cognitive, behavioral, or psychological changes as desired by the client and identified in the treatment plan. A Mental Health Professional with clinical training delivers a brief, medium, or long-term therapy format depending upon the nature of a client's presenting concerns and the goals of the intervention.
Peer Services	Supportive services delivered by a peer support specialist with lived or shared experiences of the intended client population. These services support clients in staying engaged in the recovery process and support the client's broader psychosocial functioning.
Psychiatric Evaluation	Evaluation completed by a Psychiatrist or Psychiatric Nurse Practitioner to diagnose psychiatric or developmental conditions or disorders.
Psychiatric Medication Monitoring	Observation and evaluation of responses to prescribed medications, including adverse effects and symptom response. It can be performed by a licensed prescriber of psychiatric medication, such as a Psychiatrist or Psychiatric Nurse Practitioner, or by a Primary Care Provider when clinically appropriate.
Psychological Testing	Psychological evaluation conducted and documented by the provider consistent with the Clinical Psychologist Licensing Act (225 ILCS 15), using nationally standardized psychological assessment instruments.



For more information visit:
MENTALHEALTH.CHICAGO.GOV/