

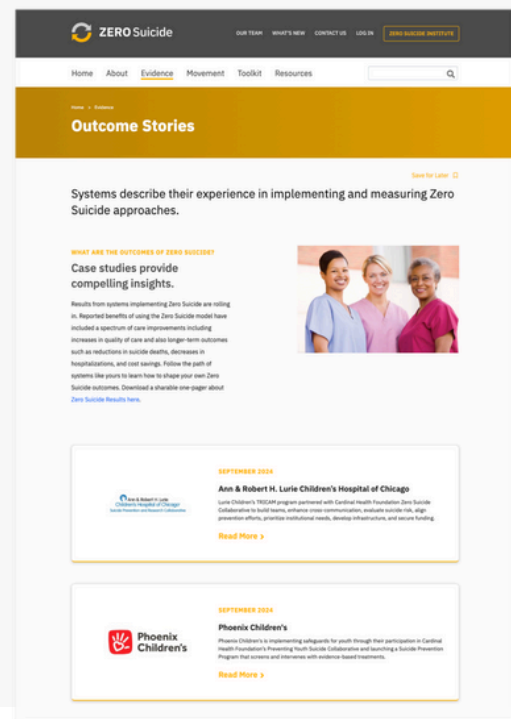


# Zero Suicide Results

Zero Suicide is a quality improvement model that transforms system-wide suicide prevention and care to save lives.

Hundreds of health care systems have adopted Zero Suicide — and they're seeing results.

- » Reductions in suicide deaths
- » Decreases in hospitalizations
- » Increases in quality and continuity of care
- » Improvement in post discharge follow-up visit attendance
- » Improvements in screening rates according to protocol
- » System-wide care pathway implementation
- » Fewer inpatient psychiatric hospital readmissions
- » Cost savings

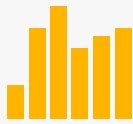


## Modeling Improvement

Zero Suicide represents the [best safe suicide care practices](#) translated into the language of Six Sigma continuous quality improvement.

Early adopters observed significant decreases in suicide death rates. Over a decade of implementation has shown results from increased patient satisfaction to bottom-line cost savings. We've compiled highlights from our [Outcome Stories](#) and [Research Articles](#) to demonstrate the transformative potential of Zero Suicide. Full texts are available on the Zero Suicide Toolkit. For even more stories and tips from implementers, check out the [Journey Stories](#) and [Suicide Care Insights](#) sections of the toolkit.

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## Results: Zero Suicide Initiatives

### Aspire Indiana

From 2014-2018, measured 70% reduction in suicide deaths and reached zero suicides for 12 months.



### Chickasaw Nation DHFS

Safe care practices led to 200 diversions from inpatient care for an estimated \$200,000 in savings.



### UMASS Memorial Health Care

Suicide screening rose to 90% across all emergency departments, with 4% screening positive for risk.



### Riveredge Hospital

In 2017 there was a 21% decrease in the 30-day readmission rate compared to the previous year.



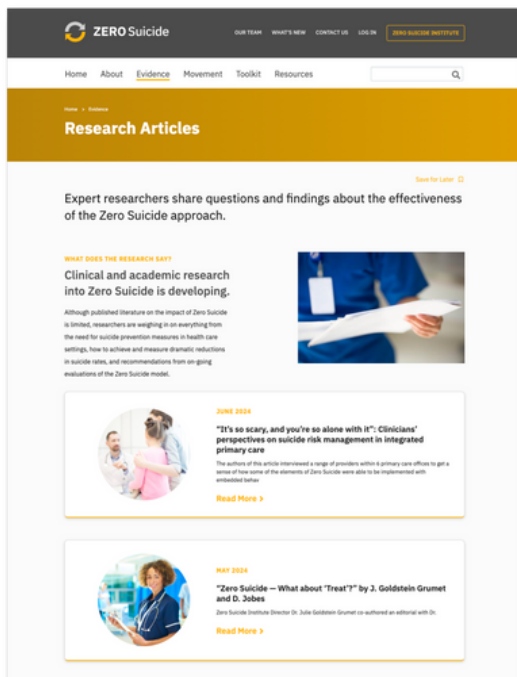
### The Betty Hardwick Center

8% decrease in hospital admissions from FY 2017 to FY 2018 for a savings of \$23,400.



### Mental Health Center of Greater Manchester

First year of implementation, assessed suicide risk in 100% of clients, trained 80% of staff in suicide prevention, and decreased suicide deaths by 44%.



## Measuring Impact

Published research on the Zero Suicide approach continues to grow. Recent studies offer compelling insights into its effectiveness.



Greater fidelity to Zero Suicide practices is associated with lower risk for suicidal behaviors.



Implementation of Zero Suicide-aligned suicide prevention pathway decreases risk of repeat suicide attempts.



The benefits of Zero Suicide are compromised when there are barriers to a just workplace culture.

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