



# Preventing Problem Gambling

Approximately 6 million (3%) of U.S. adults engage in problem gambling each year. EDC Solutions understands that problem gambling is not a standalone issue; it disproportionately affects those with substance use or mental health disorders and those most affected by income, housing, and educational disparities.

**At EDC, we understand the potential harms of problem gambling and the importance of taking a systemic and equity-informed approach to preventing it.**

Let us help you:

- Understand the linkages between problem gambling and substance misuse, suicide, and violence
- Develop the systemic supports needed to address these related problems in coordinated and culturally-informed ways
- Build and support processes that engage diverse stakeholders in prevention efforts
- Develop community plans to prevent problem gambling in those communities at highest risk
- Identify and implement culturally appropriate prevention strategies
- Break down silos and create meaningful integration to promote health and wellness for everyone.

## **Key Workshops for Developing Your Prevention Workforce**

### **Prevention Trainings**

- A Public Health Approach to Problem Gambling
- E-Sports and Sports Gaming
- Preventing Problem Gambling in Youth

### **Trainings for Clinicians**

- Problem Gambling Screening and Assessment
- Identifying High-Risk Gambling and Engaging in Treatment
- Evidence-Based Approaches to Treating Problem Gambling



## Strategic Planning for Problem Gambling Prevention

We provide consultation to the state staff responsible for the implementation of problem gambling prevention and treatment as well as state councils interested in creating multi-year plans.

We can design and deliver strategic planning services for key stakeholders within the state to support the creation or updating of state-level or sub-state-level strategic plans. The focus of services is to integrate goals specific to problem gambling prevention into the overall prevention, early intervention, treatment, and recovery approach.

### Consultation Priorities

Components can be customized to include:



- Needs assessment, including reviewing state data on problem gambling behaviors, risk, and protective factors, and consequences along with other relevant documents focused on state programs and policies
- Conducting key informant interviews with relevant stakeholders to gather qualitative data on issues, barriers, and potential solutions
- Facilitated strengths and gaps analyses to identify unmet problem gambling needs, the impact of gambling prevention efforts, and changes in the gambling prevention landscape
- Facilitated virtual or onsite meetings based on the scope, goals, and size of the planning teams, we can design and facilitate a multi-session planning process
- Creating a written plan that can inform partners and guide the implementation of the plan

### Tailored Support for Problem Gambling Prevention

Whether you are just starting out or looking to accelerate your progress, EDC can help you with your goals starting from where you are. We can put together training and consulting packages to meet your needs.

#### Contact Us

To learn more about how EDC can support your gambling prevention efforts, go to:





-  [solutions.edc.org/gambling](https://solutions.edc.org/gambling)
-  [solutions@edc.org](mailto:solutions@edc.org)



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