

SEL & Wellbeing Professional Development

Our SEL & Wellbeing Professional Development (PD) provides high-quality, adult learning-centered workshops to build your district's capacity to promote student social and emotional development and academic success.



Education Development Center (EDC), a global nonprofit organization with over sixty years of experience working with federal, state, and local education agencies, offers a range of interactive professional development workshops for district and school leaders and educators on topics related to student social, emotional, and mental health wellbeing.

“The trainers were very knowledgeable about the topic and presented it in such a lively and interactive way. I loved having time with my colleagues to plan how to put this information into action.” — High School Teacher

Our SEL & Wellbeing PD is offered by skilled trainers who bring both content and training expertise. Each two-hour workshop is designed for online or in-person environments for up to 50 participants. Workshops include learning, discussion, reflection, and videos. Action planning activities serve as opportunities to practice and apply concrete strategies.

Choose between standalone workshops or create your own package of six or more workshops. Packaged workshops may be delivered across several weeks or months. Our team will work with your district to select the best combination of workshops and contextualize them to meet your district's priorities and goals. *See next page for selected workshops.*

Sample Pricing*

Standalone workshop	\$5,000
Package of 6 workshops	\$20,000

**Please inquire for pricing on additional package options*

Contact Shai Fuxman at sfuxman@edc.org or (617) 618-2406 for questions or inquiries.

SEL & Wellbeing Professional Development

Selected Workshops

Workshop	Description
Social & Emotional Learning 101	Understand the foundations of SEL using the CASEL SEL Framework. Learn through discussions about what SEL is and why it is important for student success — backed by research
Strategies to Support Educator Wellbeing	Learn about effective practices to support self and relational care, as well as to create safe and supporting work environments that promote higher retention, healthier outcomes, and better role modeling of wellbeing practices for students.
Integrating SEL into Academic Instruction	Learn how to embed implicit and explicit SEL strategies into lesson plans, classroom routines, and everyday interactions with students. We guide educators through the process of reinforcing students' social and emotional competencies through academic instruction.
Using MTSS to Promote Student Wellbeing & Mental Health	Engage with the critical elements of multi-tiered systems of support (MTSS); use tools to self-assess and identify strengths, gaps, and opportunities for improving current MTSS processes; and develop an action plan with specific goals and steps for strengthening MTSS structures.
Promoting a Sense of Belonging in the Classroom	Through concrete activities based on identity and relationship-building, establish a set of tools and strategies that promote a sense of belonging for all students in the classroom, including historically marginalized populations.
Foundations for Classroom & Behavior Management	Promote positive behaviors and enhance learning with a strong foundation for classroom & behavior management. Build knowledge, identify goals, and draft plans for setting up an effective classroom environment.
Supporting the Mental Health Needs of Multi-Lingual Learners & Newcomer Students	Students arriving from other countries to the US and those for whom English is not their native language experience unique stressors and challenges in school. Learn to implement specific classroom-based and school-wide strategies to support the wellbeing of these students.
Strategies to Promote Students' Digital Wellness & Reduce Social Media Harm	Discover research-based strategies, including policies, procedures, and interventions, to promote healthy digital media use, as well as interventions to address harmful social media use among students.

Additional workshops: Classroom-Based Trauma Informed Practices, MTSS for District and School Leaders, Using Relationship Mapping to Promote Wellbeing, Engaging Families to Promote Student Wellbeing, Substance Misuse Prevention Strategies, and more!

Contact Shai Fuxman at sfuxman@edc.org or (617) 618-2406 for questions or inquiries.



Education Development Center
solutions@edc.org | solutions.edc.org

Boston | Chicago | New York | Washington, D.C.

CONNECT WITH US

in go.edc.org/linkedin
 ✕ go.edc.org/twitter
 f go.edc.org/facebook
 @ go.edc.org/instagram