



Preventing Problem Gambling

Approximately 6 million (3%) of U.S. adults engage in problem gambling each year, including growing numbers of young adults. It is a complex issue that disproportionately affects those with substance use and mental health disorders, and those most affected by income, housing, and educational disparities. Yet fewer than half of state agencies responsible for problem gambling provide prevention services.

At EDC, we understand the potential harms of problem gambling and the importance of taking a systemic and equity-informed approach to preventing it.

Let us help you:

- **Understand the linkages** between problem gambling and substance misuse.
- **Develop the systemic supports** needed to address these related problems in coordinated and culturally-informed ways.
- **Build and support processes** that engage diverse stakeholders in prevention efforts.
- **Develop community plans** to prevent problem gambling in those communities at highest risk.
- **Identify and implement** culturally appropriate prevention strategies.
- **Create messaging** related to problem gambling that draws from local concerns and issues and increases community understanding of and readiness to address the problem.
- **Break down silos** and create meaningful integration to promote health and wellness for everyone.

Prevention Solutions@EDC provides training and expert consultation to support public health agencies and organizations working to prevent substance misuse and related behavioral health problems in their communities.

AVAILABLE TRAININGS

A Public Health Approach to Problem Gambling.

Examines problem gambling within the broader societal context, including individual, community, and societal factors that influence problem gambling; the relationship of problem gambling to other problems; and populations at greatest risk.

Implementing the Strategic Prevention Framework to Prevent Problem Gambling.

Explores concrete approaches to applying the first three steps of SAMHSA's five step strategic planning model—assessment, capacity building, and planning—to gambling prevention efforts.

Understanding the Intersections Between Problem Gambling and Substance Misuse.

Explores the similarities and differences between problem gambling and substance misuse, including depth of research and data, contributing factors, disease progression, and impacts on communities.

Contact Us: To learn more about how Prevention Solutions@EDC can support your gambling prevention efforts, go to: preventionsolutions.edc.org