PREVENTION SOLUTIONS@EDC



Tips for Making Meetings Productive

At their best, meetings offer a great opportunity for team members to share information, make decisions, trouble-shoot problems, and celebrate successes. Unfortunately, many meetings fall short of their potential: leaders are unprepared, members are unfocused, conversations meander, and little is accomplished.

Below are some tips for convening meetings that are not only productive, but also enjoyable.

- If you're facilitating the meeting, know what's expected. Specifically, your job is to:
 - o Determine meeting purpose
 - o Oversee or construct the agenda
 - Determine who should attend
 - o Establish meeting ground rules and take charge of the meeting
 - Afterwards, to share critical info/decisions to others not at the meeting
- Make sure the meeting is needed. Ask yourself whether *two* of the following are needed:
 - o Personal interaction
 - Share and build off other's ideas
 - Group problem-solving
 - o Group decision-making
 - A group of people who need to the same information, in the same way, at the same time

If NO, consider an alternative, such as a conference call with one or two group members, an email, or an intranet posting.

If YES, determine the following:

- WHAT TYPE of meeting makes the most sense (in-person, phone, online, combination)?
- What is the LEAST amount of time needed for this meeting?

PREVENTION SOLUTIONS@EDC



- WHO needs to attend, WHY, and for HOW LONG?
- **Develop a clear agenda and disseminate it ahead of time.** When developing an agenda, consider the following questions:
 - What is the overall purpose of the meeting? (Be succinct and think "big picture")
 - What are the agenda items? (Be as specific as possible)
 - What are the desired outcomes for EACH agenda item? (*E.g., to make a decision, inform others, obtain input, get buy-in, identify/clarify roles*)
 - How much time will be needed to discuss each item? (Estimate)
 - Are there any materials associated with each item? (If yes, distribute at meeting or before?)
- Review the agenda at the start of the meeting—and stick to it! By reviewing the agenda collectively, meeting participants gain insight into the expectations for the meeting and the outcomes to be accomplished.